

WEEK ONE

NETHERTHORPE PRIMARY MENU - FROM APRIL 2016

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Salmon Sub Melt with Half Jacket Potato	Sweet Chilli Chicken with Wholegrain Rice	Roast Chicken with Creamed Potatoes, Stuffing and Gravy	Minced Lamb Pie with Creamed Potatoes	Fish with Chips, and Tomato Ketchup
Homemade Margarita Pizza (v) with Half Jacket Potato	Lentil & Vegetable Pie with Creamed Potatoes (v)	Quorn Roast (v) with Creamed Potatoes, Stuffing and Gravy	Macaroni Cheese (v)	Beany Burrito (v) with Chips
	Halal Sweet Chilli Chicken with Wholegrain Rice	Halal Roast Chicken with Creamed Potatoes, Stuffing, and Gravy	Halal Keema Slice with Creamed Potatoes	
Jacket Potato with Tuna Mayo, Cheese (v) or Baked Beans (v)	Jacket Potato with Tuna Mayo, Cheese (v) or Baked Beans (v)	Jacket Potato with Tuna Mayo, Cheese (v) or Baked Beans (v)	Jacket Potato with Tuna Mayo, Cheese (v) or Baked Beans (v)	Jacket Potato with Tuna Mayo, Cheese (v) or Baked Beans (v)
Grab A Bag: Egg (v)	Grab A Bag: Cheese Savoury (v)	Grab A Bag: Tuna	Grab A Bag: Cheese (v)	Grab A Bag: Egg Mayo (v)
Coleslaw Sweetcorn	Green Beans Carrots	Cabbage Mixed Vegetables	Broccoli Carrots	Peas Baked Beans
Frozen Yoghurt with Shortbread Biscuit (v)	Iced Carrot Cake (v)	Peach & Butterscotch Pudding with Custard (v)	Jam Shortbread with Custard (v)	Tuti Fruiti Ice Cream (v)
Fresh Fruit/Yoghurt	Fresh Fruit/Yoghurt	Fresh Fruit/Yoghurt	Fresh Fruit/Yoghurt	Fresh Fruit/Yoghurt

Seasonal salad selection, bread and drinking water will be available daily

= **HOMEMADE**



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sausages with Creamed Potatoes and Gravy	Chicken Pasta Bake with Homemade Garlic Bread	Roast Beef with Roast Potatoes, Yorkshire Pudding and Gravy	Beef Chilli and Homemade Nachos with Wholegrain Rice	Fish Fingers with Chips and Tomato Ketchup
Quorn Sausages with Creamed Potatoes and Gravy (v)	Vegetarian Spaghetti Bolognese (v) with Homemade Garlic Bread	Quorn Roast (v) with Roast Potatoes, Yorkshire Pudding and Gravy	Homemade Margarita Pizza (v) with Half Jacket Potato	Cheese and Red Pepper Flan (v) with Chips
	Halal Chicken Pasta Bake with Homemade Garlic Bread	Halal Roast Chicken with Roast Potatoes, Yorkshire Pudding and Gravy	Halal Lamb Chilli and Homemade Nachos with Wholegrain Rice	
Jacket Potato with Tuna Mayo, Cheese (v) or Baked Beans (v)	Jacket Potato with Tuna Mayo, Cheese (v) or Baked Beans (v)	Jacket Potato with Tuna Mayo, Cheese (v) or Baked Beans (v)	Jacket Potato with Tuna Mayo, Cheese (v) or Baked Beans (v)	Jacket Potato with Tuna Mayo, Cheese (v) or Baked Beans (v)
Grab A Bag: Cheese (v)	Grab A Bag: Tuna and Sweetcorn	Grab A Bag: Egg (v)	Grab A Bag: Tuna Mayo	Grab A Bag: Egg (v)
Carrots Cauliflower	Sweetcorn Green Beans	Peas Carrots	Broccoli Sweetcorn	Peas Baked Beans
Apple Flapjack with Custard (v)	Chocolate Muffin (v)	Pineapple Upside Down Sponge with Custard (v)	Fruit with Jelly (v)	Pinwheel with Chocolate Sauce (v)
Fresh Fruit/Yoghurt	Fresh Fruit/Yoghurt	Fresh Fruit/Yoghurt	Fresh Fruit/Yoghurt	Fresh Fruit/Yoghurt

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WEEK THREE

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Burger in a Bun with Pasta Salad	 Chicken Curry with Wholegrain Rice and Mint Yoghurt Dip	Roast Chicken with Roast Potatoes, Stuffing and Gravy	 Savoury Mince with Henderson's Relish with Creamed Potatoes	Fish Fingers with Chips and Tomato Ketchup
Quorn Burger (v) in a Bun with Pasta Salad	 Tarka Dhal (v) with Wholegrain Rice and Mint Yoghurt Dip	Quorn Roast (v) with Roast Potatoes, Stuffing and Gravy	 Savoury Vegetarian Mince (v) with Creamed Potatoes	 Cheese Flan (v) with Chips
	 Halal Chicken Curry with Wholegrain Rice and Mint Yoghurt Dip	Halal Roast Chicken with Roast Potatoes, Stuffing and Gravy	 Halal Savoury Mince with Creamed Potatoes	
Jacket Potato with Tuna Mayo, Cheese (v) or Baked Beans (v)	Jacket Potato with Tuna Mayo, Cheese (v) or Baked Beans (v)	Jacket Potato with Tuna Mayo, Cheese (v) or Baked Beans (v)	Jacket Potato with Tuna Mayo, Cheese (v) or Baked Beans (v)	Jacket Potato with Tuna Mayo, Cheese (v) or Baked Beans (v)
Grab A Bag: Cheese Savoury (v)	Grab A Bag: Tuna and Sweetcorn	Grab A Bag: Tuna	Grab A Bag: Cheese (v)	Grab A Bag: Egg Mayo (v)
 Coleslaw Sweetcorn	Carrots Green Beans	Broccoli Cauliflower	Mixed Vegetables Peas	Mushy Peas Baked Beans
 Chocolate and Pear Sponge with Chocolate Sauce (v)	 Treacle Bites and Custard (v)	 Apple Crumble with Ice Cream (v)	 Lemon Drizzle (v)	 Sticky Toffee Pudding with Custard (v)
Fresh Fruit/Yoghurt	Fresh Fruit/Yoghurt	Fresh Fruit/Yoghurt	Fresh Fruit/Yoghurt	Fresh Fruit/Yoghurt

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