PSHE overview

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|  | **Autumn term** | **Spring term** | **Summer term** |
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| **Y1** | **Relationships: Family**What makes a Family? | **Health and Wellbeing: Physical Health**Staying healthy | **Health and Wellbeing: Growing**Growing up | **Living in the Wider World: Online safety**Q1) Screen timeQ2) Personal information |
| **Y2** | **Relationships: Friends**Keeping Friendships healthy | **Health and Wellbeing**: Mental Wellbeing:Understanding my feelings | **Living in the Wider World: Our Communities** | **Living in the Wider World: Online safety**Q3) Online strangersQ4) Fake news |
| **Y3** | **Living in the Wider World: Our Communities** | **Relationship: Family**What makes a Family? | **Physical Health:**Staying healthy | **Living in the Wider World: Online safety**Q1) Online strangersQ2) Sharing onlineQ3) Friendship Online |
| **Y4** | **Relationships: Friends**Keeping Friendships healthy | **Mental Wellbeing:**Understanding my feelings | **Living in the Wider World: Online Safety**Q4? Personal informationQ5) Digital MediaQ6) Verifying content and echo chambers |
| **Y5** | **Living in the Wider World: Online Safety**Q1) Control and consentQ2) Protecting our identityQ3) Meeting strangers online Q4) Personal information, terms and conditions | **Mental Wellbeing**:Understanding my feelings | **Physical Health**:Staying healthy |
| **Y6** | **Relationships: Family** What makes a family? | **Relationships: Friends**Keeping friendships healthy | **Living in the Wider World**: **Our communities**Online SafetyQ5) Analysing Digital MediaQ6) BiasQ7) Echo chambersQ8) Does the Internet make us happy? | **Health and Wellbeing:** Puberty & sexual reproduction |